



From Hype to Hands On

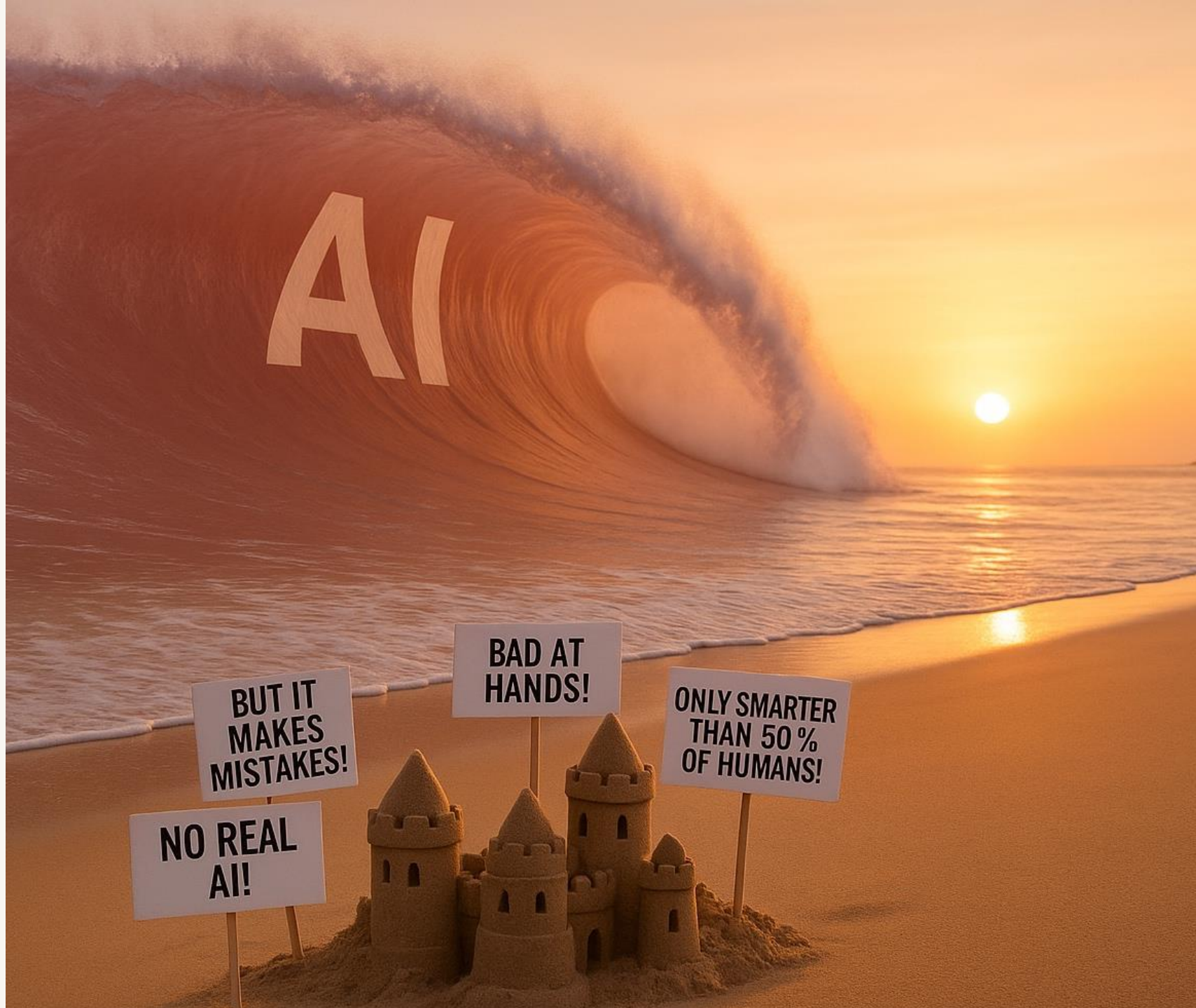
Georgia Lewis Anderson
Co-Founder, Lantyn

AI: FROM HYPE TO HANDS ON



HOW ARE WE
FEELING?





AI

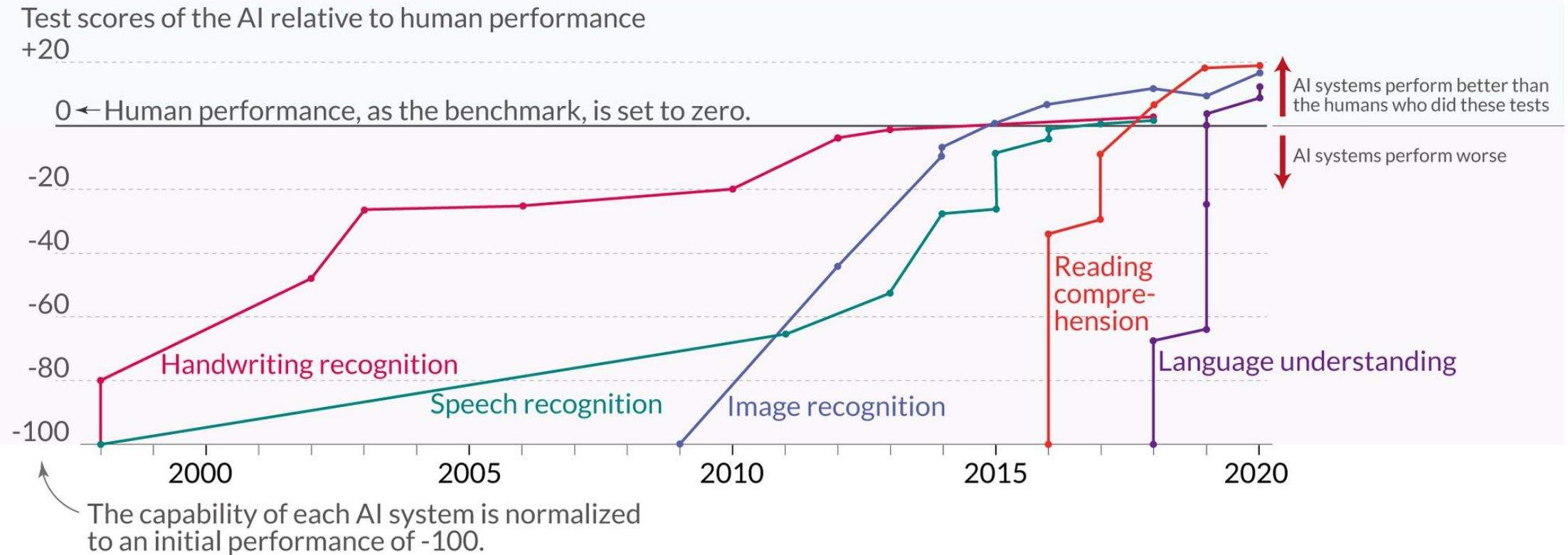
**BUT IT
MAKES
MISTAKES!**

**NO REAL
AI!**

**BAD AT
HANDS!**

**ONLY SMARTER
THAN 50 %
OF HUMANS!**

Language and image recognition capabilities of AI systems have improved rapidly



Data source: Kiela et al. (2021) – Dynabench: Rethinking Benchmarking in NLP
OurWorldinData.org – Research and data to make progress against the world's largest problems.

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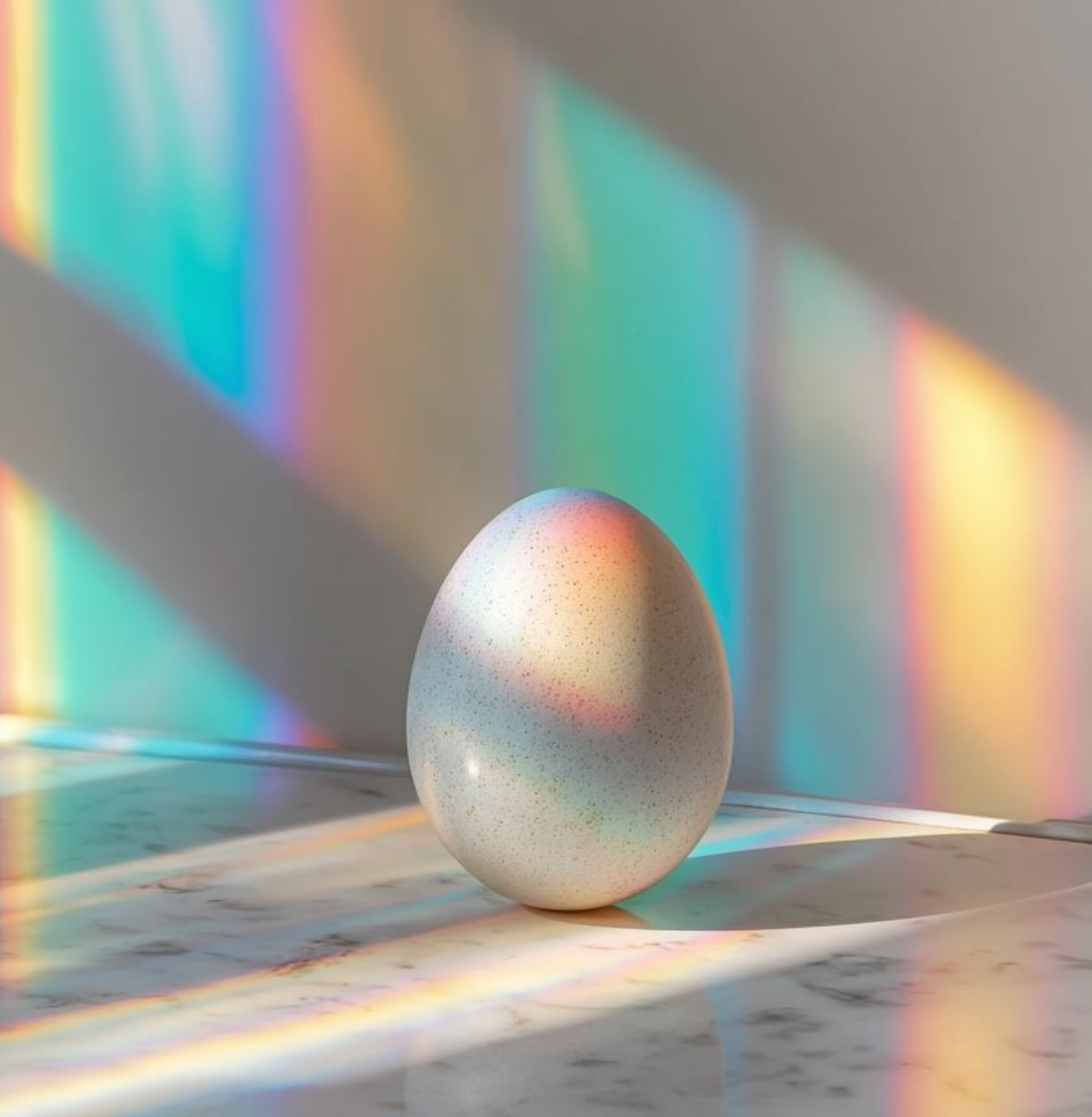




FOURTH INDUSTRIAL REVOLUTION



**IT MIGHT NOT BE
COMING FOR
YOUR JOB**



HUMANS IN THE LOOP

HI



HOW I GOT HERE



HUMAN TOUCH IN MACHINES



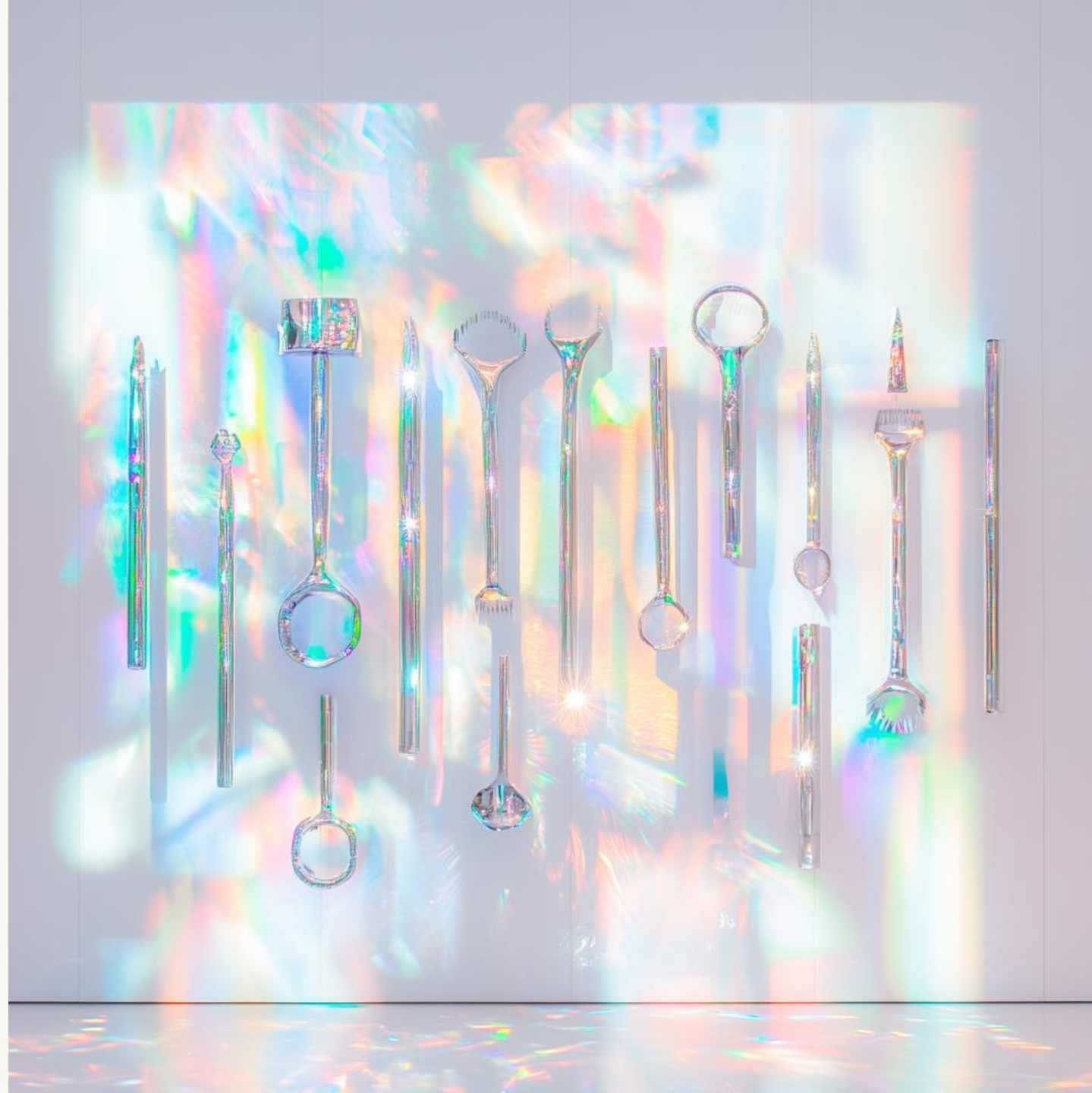
NOW



AI LITERACY?



WORDS AS TOOLS



PROMPTING 101



CRITICAL THINKING



INTELLECTUAL HUMILITY



COGNITIVE PROSTHETIC



A.C.C.E.S.S



AI AS REFLECTION



CULTURE SHIFT



PERSONALIZATION & CONTEXTUALIZATION



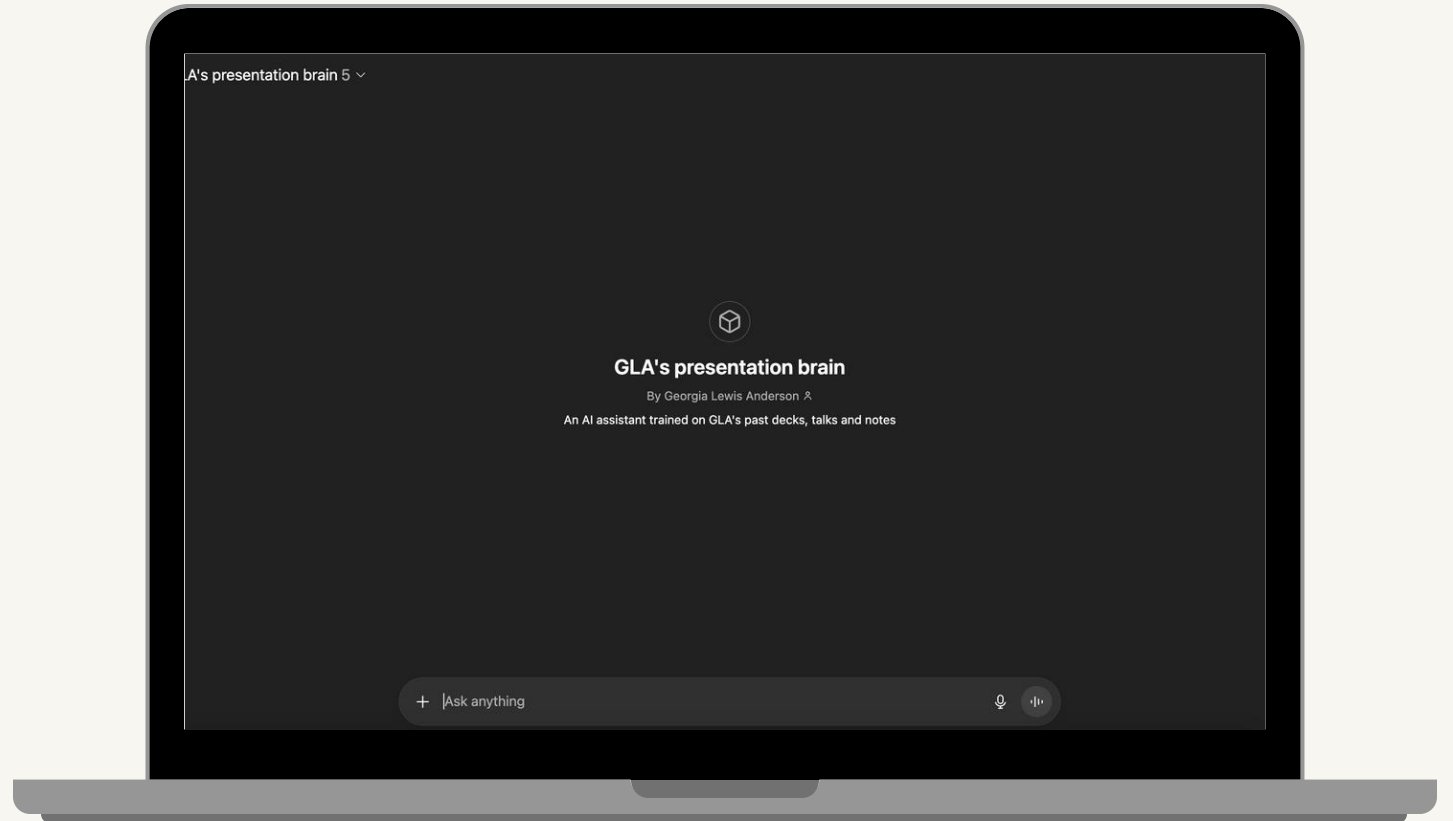
WHERE TO
START?



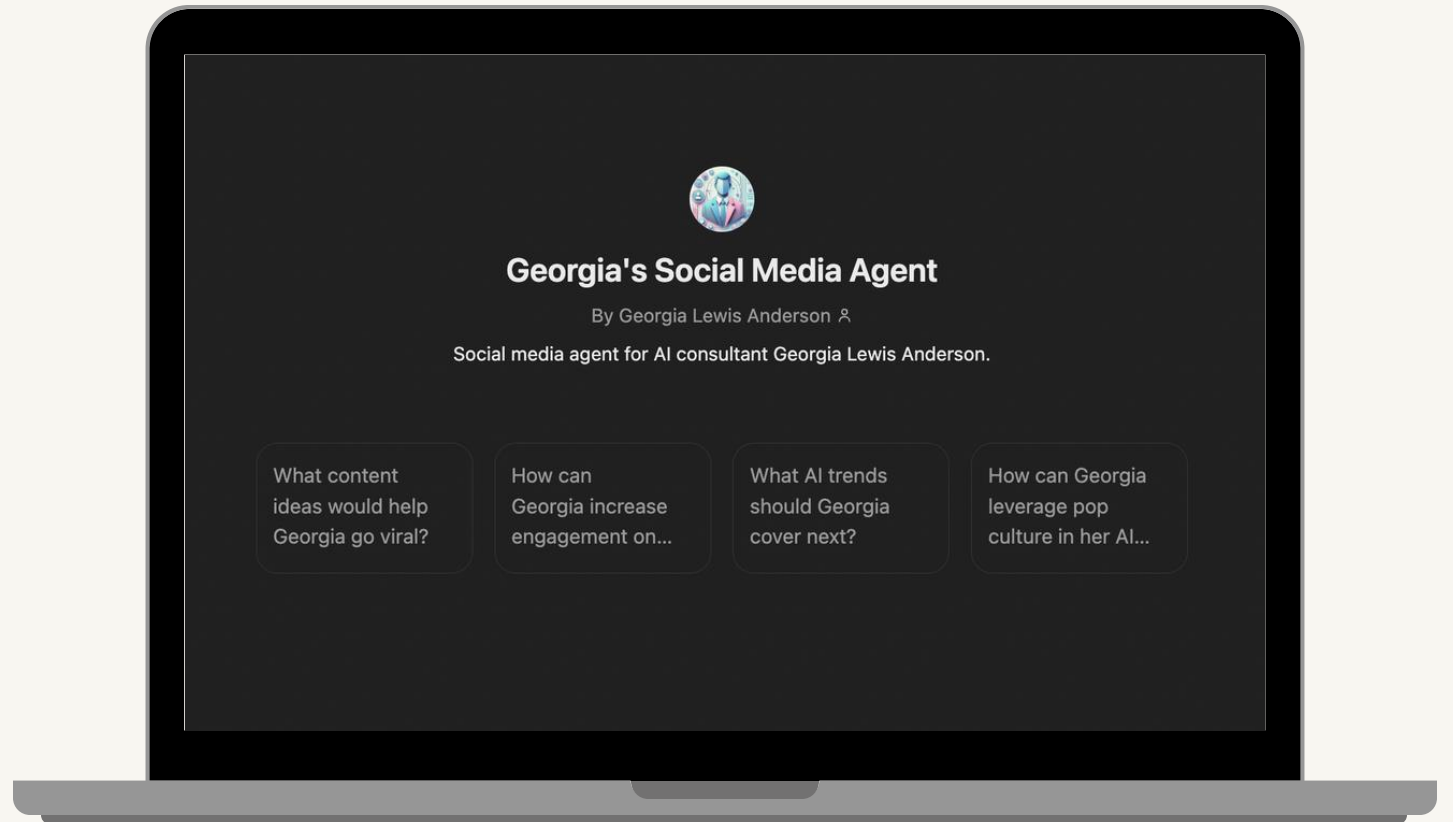
EVERYDAY AI



HOW I USED AI TO PREPARE FOR THIS TALK



SOCIAL MEDIA AGENT



G.L.A.N.C.E

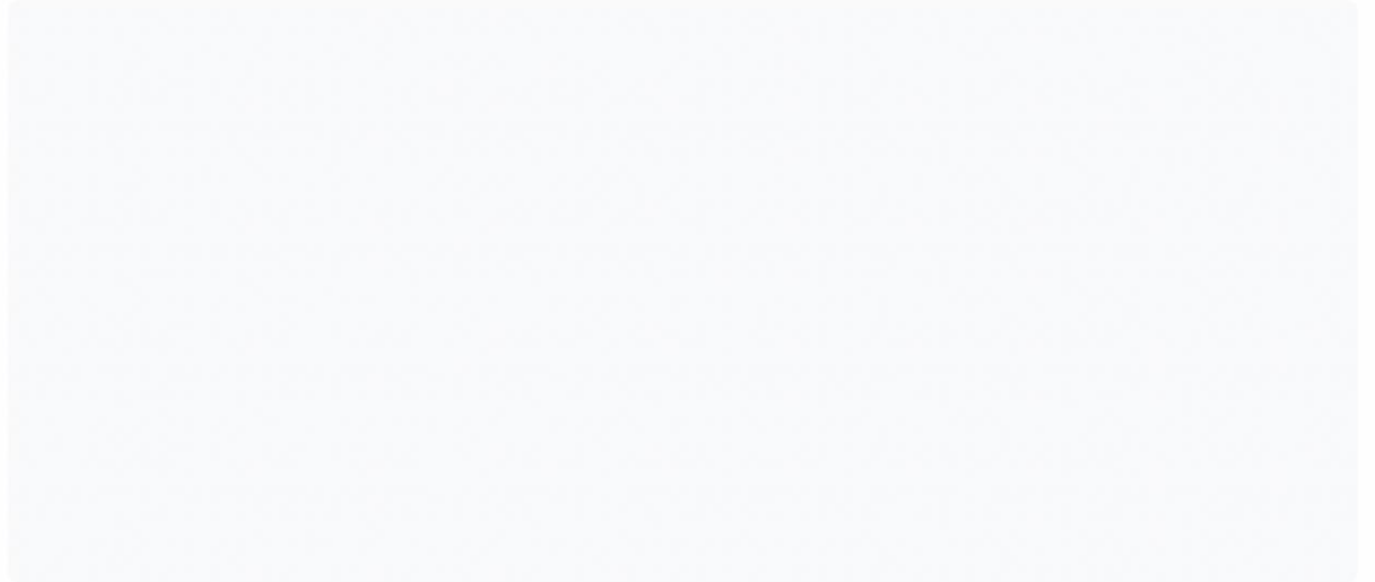


AFFIRMATION CATPCHA

Affirmation Captcha

Emotional support and personalizes affirmations to help Georgia smash life

What's going on today?



Share how you're feeling today...

Send 

 Voice Input

ZEN CAPTCHA



ZenCaptcha

Ready for more IRL and less URL?

Time to reclaim your creative time, my friend ✨

Ooh na na, what's your name?

Enter your name

Let's gauge your presence →

Show me what we're working with GLA

Pop a screenshot of your screentime below



Upload Your Screentime

Share today's screentime and let's see how you match up



Drop your screenshot here

or click to browse

How to find your screentime:

📱 **iOS:** Settings → Screen Time → See All Activity

🤖 **Android:** Settings → Digital Wellbeing & Parental Controls

see who's in the lead 🏆 →



The IRL champion's leaderboard

Jackson



GLA



Sylv



Sylvie



Georgia



Tash



In the lead:

1

Jackson

1h 52m



2

GLA

2h 38m



3

Sylv

3h 54m



GOAL VISUALIZER



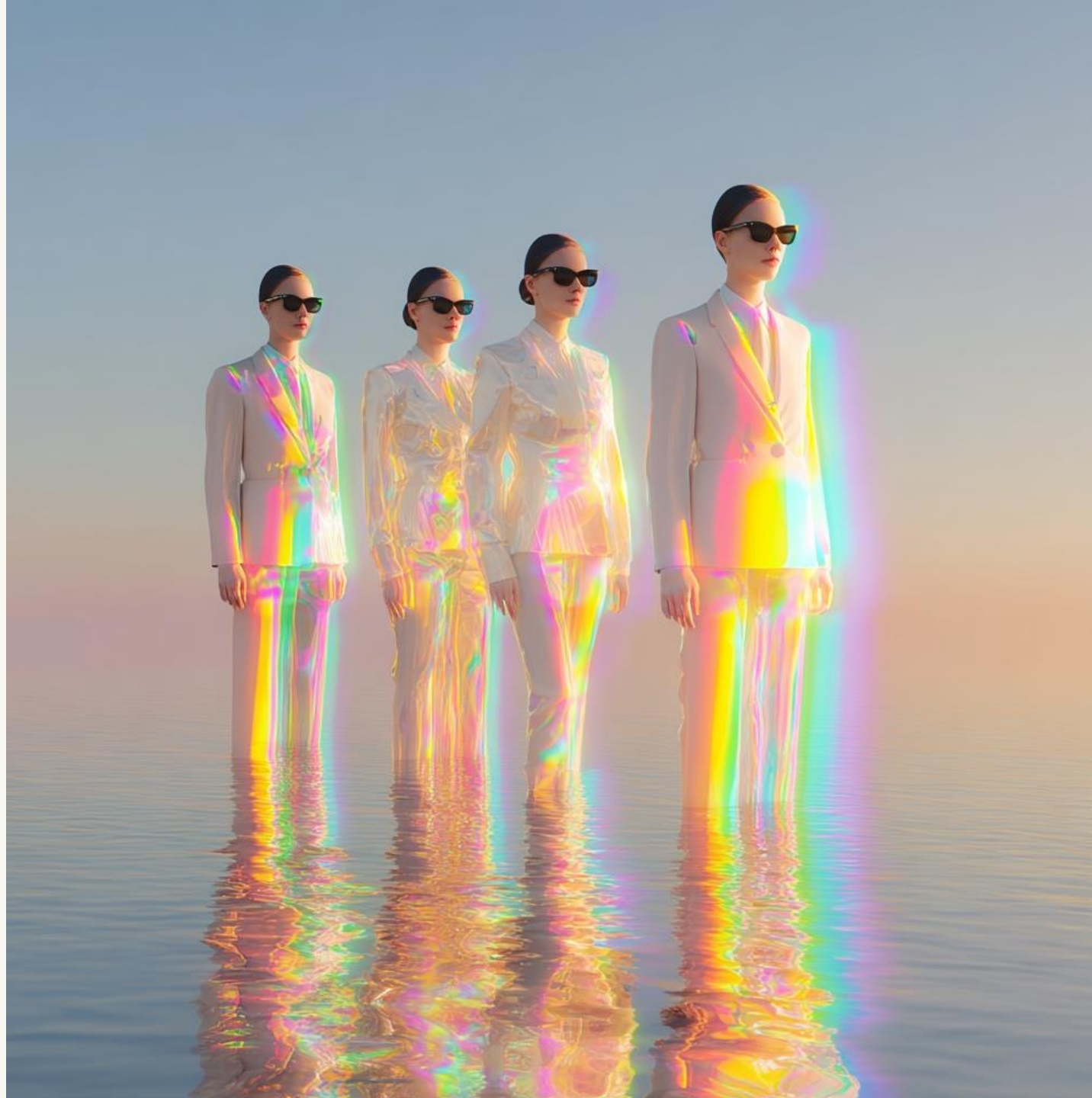
DAILY CONTEXT AGENT



FUTURE



AGENTS



INTENTION



COLLECTIVE HUMAN INTELLIGENCE



THANKS +
Q&A

